

GROW Planted

Where You Are

1

**Live By Your
VALUES**

- Who do you admire?
- What about them inspires you?
- What qualities do they possess?
- What actions do you want to emulate?
- When do you feel most like yourself? Who are you with?
What are you doing?

Accountability	Connection	Financial stability	Job security	Respect
Achievement	Contentment	Forgiveness	Joy	Risk-taking
Adaptability	Contribution	Freedom	Knowledge	Security
Adventure	Cooperation	Friendship	Leadership	Self-discipline
Altruism	Courage	Fun	Learning	Service
Ambition	Creativity	Generosity	Legacy	Stewardship
Authenticity	Curiosity	Gratitude	Leisure	Success
Balance	Dignity	Growth	Love	Teamwork
Beauty	Diversity	Harmony	Loyalty	Tradition
Being the best	Environment	Health	Nature	Travel
Belonging	Efficiency	Honesty	Openness	Trust
Career	Equality	Hope	Optimism	Truth
Commitment	Ethics	Humility	Order	Uniqueness
Community	Excellence	Humor	Patience	Vision
Compassion	Fairness	Inclusion	Perseverance	Vulnerability
Competence	Faith	Independence	Power	Wealth
Confidence	Family	Integrity	Pride	Well-being
			Recognition	Wisdom

My top 3- 5 values and their definitions are:

1. _____

2. _____

3. _____

4. _____

5. _____

2

**Know Your
WHY**

- How can you make other people's lives better?
- What gifts can you share?
- What did you love doing when you were a kid?
- What do people come to you for help for?
- What do they thank you for?
- If you could teach others, what would you teach them?
- Why do I get out of bed everyday to do the work I do?

3

**Focus on
KNOWLEDGE**

- Where can you be investing more time?
- Who can you be connecting with?
- What can you be reading and listening to?
- Where can you exercise more confidence in your role and what does that look like?
- What are your existing strengths?
- How else can you grow where you are planted?

